



CHARACTER. ATTITUDE. SPIRIT.

DEAR PARENTS, PLAYERS, AND FAMILY MEMBERS,

CFC is continually working to better the league and to provide the best opportunities for all of its players and their families. In hopes of improving communication to all of you, we are starting a monthly newsletter to not only keep you informed of important club dates and news, but also to keep everyone aware of notable achievements by players and teams, as well as to learn about other things the league is doing to better soccer in Coles and surrounding counties. My belief is that is important for all within the club to not only be aware of what is going on with their child and his/her team, but other players and their teams. Through this, we hope to build a more united club – from our youngest kids in the academy, all the way up to our oldest players in our high school teams.

I want to thank those of you that took the time to complete the questionnaire distributed at the conclusion of the Fall season. Evaluations are a helpful tool for understanding which areas of the club need more attention, which areas are succeeding and the direction in which the club needs to evolve. Your help is greatly appreciated and each of your evaluations were extremely beneficial to me and the club.

All of us at CFC want to wish you and your family a safe and prosperous 2011!

Yours in soccer,
 Mark Hansen
 Director of Coaching



CFC ACCOLADES

1ST / 2ND IN LEAGUE

Spring 2010

- U12 Boys
- U14 Boys
- High School Boys Gold

Fall 2010

- U9s
- U13/14 Girls
- High School Girls

CFC ALUMNI PLAYING COLLEGE SOCCER:

- Ian McCausland** Eastern Illinois University
- Jason Coon** Bradley University
- Aaron Smith** Heartland Community College
- Brittney O'Dell** Eastern Illinois University
- Chelsea Kirkey** Kaskaskia University
- Bridget Singer** Heartland Community College
- Kelsey Marquis** Heartland Community College

CFC IN ILLINOIS ODP:

- Gabe Kash** 1998 Illinois ODP Team

INDOOR SESSIONS START JAN. 11



TUESDAYS:

- 5-6 p.m.: **U9s**
- 6-7 p.m.: **U12 Boys**
- 7-8 p.m.: **U13/14 Boys**
- 8-9 p.m.: **HS Boys**

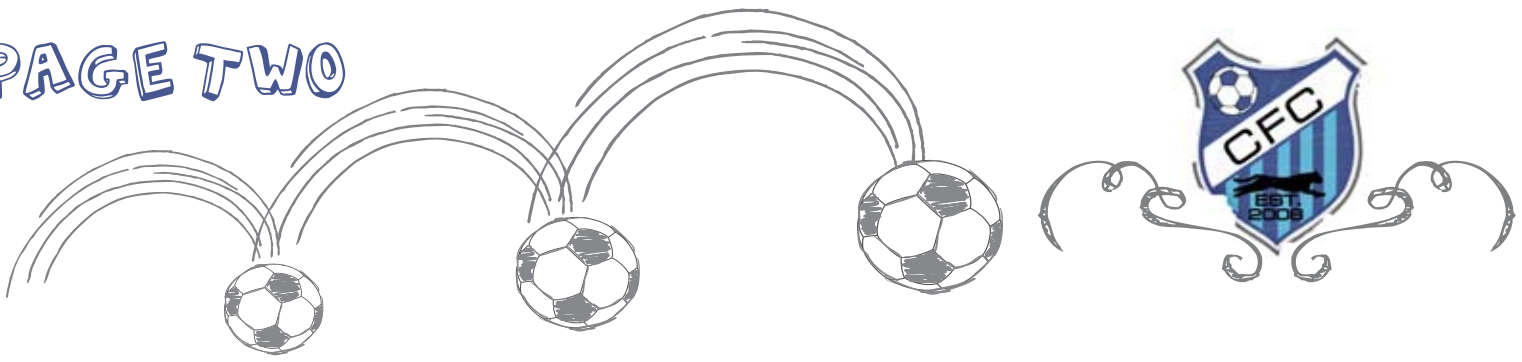
THURSDAYS:

- 5-6 p.m.: **U11s**
- 6-7 p.m.: **U13/14 Girls**
- 7-8 p.m.: **HS Girls**
- 8-9 p.m.: **HS Boys**

Registration DEADLINE is Jan. 10. If you wish to participate and have not signed up by Jan. 10, the late registration fee is \$60.

The potential for an adult 5v5 league is available for Wednesday evenings from 8 - 9 p.m. All individuals who wish to participate in the adult league **MUST** register **BEFORE** Jan. 10 or we will not hold the session. Visit our website for more information and the registration form: www.charlestonsoccer.org.





CLUB PHILOSOPHY

CFC is a high-level competitive soccer club based in Charleston, IL. The program, which serves Coles and surrounding counties, supports teams for both boys and girls from the U9 to U18 age division. Younger players (ages 4 to 8) looking for more intensive training can start in the pre-academy level, run by CFC technical advisor, Adam Howarth.

In its short existence, CFC has had a very successful history of producing collegiate-level players – and it continues to work towards developing and furthering players' careers within the sport at collegiate, professional and national levels.

The focus of the club is on the DEVELOPMENT of each player. Each player is given the technical foundation to be successful, and later instructed within a team system where he or she can flourish tactically. Without fundamentals, players do not have the essential skills – regardless of tactical position on the field – to succeed. It is the mission of the club to provide each player with a well-rounded skill set for optimal achievement in the sport.

As such, CFC constantly pursues the highest level of training and coaching for its players. Training sessions are designed to support the comprehensive and progressive programs set forth by the Director of Coaching. The program is designed for the serious soccer athlete who looks to become the very best at the sport. In return, the club expects that each member be personally committed to being

the very best soccer player and person that he/she can be. To reach his/her full potential, each player must commit to full participation during training and games, as well as to a consistent level of play. He or she must also be supportive of his/her team and the club itself.

Success is too often measured solely in wins and/or losses. While the club boasts numerous league and tournament championships, we do not believe that is what ultimately determines whether we are successful or not. Within CFC, we measure success based on the accomplishments made at the individual-level, as well as the development of the 'complete player' on and off the field. Players set forth each season to develop new aspects to their games or to better specific qualities within their skill sets. Working with the coaching staff, our players work towards the goals they set forth at the beginning of the year. Our coaching staff works to create the best environment possible at each training session and each game to help encourage the development of each player. DURING A PLAYER'S DEVELOPMENT, WE WILL NOT MAKE COMPROMISES IN THE PLAYER'S CHARACTER, ATTITUDE OR SPIRIT.

Our single greatest achievement as a club, in our short existence, is the placement of more than 20 players into top universities to further their careers within the sport. CFC takes pride in providing opportunities for its players to continue playing beyond high school. We believe in developing not just complete players, but complete individuals and looks to continue developing not just complete players, but complete individuals!

MEET THE BOARD

Josh Garrett, M.D., president
Vicki Martinez, secretary
Amy Burgess, treasurer

Lori Bumpus
Jim Davis
Jay Fisher
Daphne Griffin
Adam Howarth
Bill Moore

Mark Hansen,
Director of Coaching



NEWS FROM THE BOARD

This past fall, CFC players and their families participated in our 2010-2010 raffle and we want to thank you for all your efforts. Proceeds from the raffle will help fund a new concessions/restroom/storage facility at Sister City Park. The new facility will replace the current recycled snow-cone deli and will eliminate the need for the rental of port-a-potties at the park. (The league has been responsible for the portable restrooms at the park).

Working with officials with the City of Charleston, we were able to secure a grant for more than \$50,000 to build the new facility and construction on that facility should begin later this month. We are very excited to be able to provide our players, their families and guests who visit us on game day new concessions and real restrooms. As many of you know, it has always been enviable to travel to locations with such offerings. Now, we can proudly offer the same to our guests.

The concessions stand facility is just the beginning. We are working hard to grow the league and make it more successful than ever before. We have lots of ideas on the table and are eager to see where 2011 takes us.

As always, your comments and contributions are always welcome. The most important advocate for the league is you. We are very fortunate to have such talented players and are proud of the unique relationship we have with Eastern's soccer program. And we are most grateful for the support you offer us every day. We hope that 2011 brings us much success, on and off the pitch.