



## CHARACTER. ATTITUDE. SPIRIT.

### SPRING 2011 SEASON WRAP-UP

Dear CFC Players and parents,

I am very proud as Director of Coaching to have seen the progress our players are making both on and off the field. This season had many trials for all teams. We started the season nice and early – in March, in those 40 degree temperatures – and everyone bundled up. We found ourselves dealing with severe flooding for a period of six weeks and then, over the last couple of weeks in the season, we endured record-high temperatures. And, do not forget about the cicada's that attacked Charleston this spring. But through all these challenges, our kids have found ways to continue their development and grow. At LISC this year, we saw most of our teams compete and the majority of them found ways to win their games. Remember, just a few years ago when we attended that tournament, almost all our scores were of the lopsided 8(+)-0 kind. Beyond LISC, at Midstate Spring Classic, our U14 Boys went 2-1 as well as the U14 Girls. And in league play, our High School Boys White went 3-2-1.

U12 Boys went undefeated in league play with a 6-0 record. They were finalists in the Bloomington Spring Shootout and went 2-1 in the premier division at the Classic at the Rock tournament in Indianapolis.

High School Boys Blue were finalists in the NSR Midwest Cup in Chicago and repeated their same success as finalists in the Classic at the Rock in Indianapolis.

With tryouts for the 2011-12 season complete, I will be contacting families by email or phone on July 1 to inform you of team rosters and registration details. Please be on the lookout for that email. If you did not tryout and wish to play, please contact me immediately.

CFC Club is growing in the right direction, however this is not a sprint. Our goal, as expressed by many within the club numerous times, is to develop into the best club south of I-80. The process is long, but I believe we have taken large strides in moving in the right direction and I hope, with continued support, we will move even closer to that goal this next year!

Sincerely,  
Mark Hansen  
Director of Coaching.



### NEWS FROM THE BOARD

As we end the 2010-11 season, the CSL Board wished to extend its sincere thank you to all our parents and players!

We are growing as a league and our players can be proud of all they have accomplished.

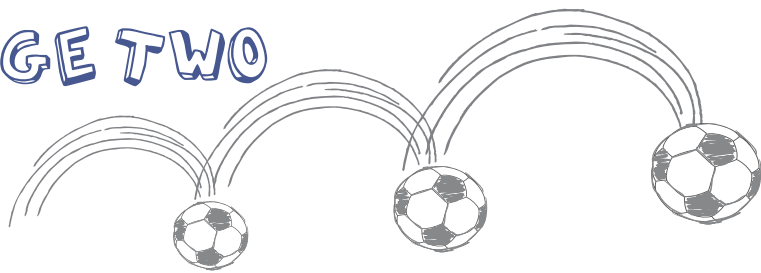
As we look to next year, the board will shift leadership, effective July 1. Daphne Griffin will replace Dr. Josh Garrett as president and Bill Moore will serve as president-elect. Lori Bumpus will replace Amy Burgess as treasurer. Vicki Martinez will remain board secretary.

New for the 2011-12 season will be the ability to pay club dues online. We will have information for you to do so during registration. Dates for registration are July 14 and 15. (times are listed on the next page).

With the transition to the City affiliation, the league will no longer maintain the office space in the Chamber building, nor its former P.O. Box. If you would like to mail something to us, please send it, care of Charleston Soccer League, to:  
520 Jackson Ave.  
Charleston, Illinois 61920

Finally, we are working very hard to finalize plans for the new concessions facility at Sister City Park. That project, along with others we are scratching the surface of, will require additional philanthropic support. If you know of "friends of soccer" who might like to help out, we'd love to hear from you. Send us an email: [board@charlestonsoccr.org](mailto:board@charlestonsoccr.org)

Again, thank you for all you already do. We look forward to next year and many more to come.



## CFC PLAYERS SHINE BEYOND THE CLUB

Seven of our CFC club girls came home with the high school awards this past spring and we want to extend a congratulations to each of these young ladies on their accomplishments!

### Charleston High School JV

CO. Offensive MVP: Madison Fisher & Alicia Carlson  
Defensive MVP: Laura Pritschet  
MVP: Mak Burgess

### Charleston High School Varsity

Offensive MVP: Megan Hjort  
Defensive MVP: Sarah Bower  
MVP: Janel Hutton

### Mattoon High School Varsity

Offensive MVP: Hannah Vieth

High School Boys Blue player Jeff Grimes has earned a spot on the ODP state team heading to regional action. Matt Janosik, also on the High School Boys Blue team is an alternate for the team.

U12 player Gabe Kash also returns to ODP as an alternate for his team.

## CSL BOARD ELECTS PARENT LIAISON

Parents, we want you to be heard. If you have things you would like to bring before the board and/or do not feel comfortable discussing with your team's coach or with me, please do not hesitate contacting our newly elected parent liaison, Jay Fisher. He can be reached through email at [board@charlestonsoccer.org](mailto:board@charlestonsoccer.org).

## DO YOU HAVE WHAT IT TAKES TO CONQUER THE DOC'S CHALLENGE?

### Introducing, the Juggler's Club!

Juggling is one the easiest ways to improve your soccer skills – without needing a lot of space or others to train with you. And, you can juggle anywhere: in your garage, on the driveway, in your backyard... Soccer juggling is the best exercise to develop touch with the soccer ball – you will gain more confidence on the ball while increasing overall skill.

When juggling, learning to control the body is very important so you can develop quick motion adjustments with all muscles. Better balance enables a soccer player to move to the right, while using balance to shoot the ball to the left, etc. Good juggling skills also enable players to make better passes, beat defenders more easily and be able to hold the ball against defensive pressure.

So here's the challenge: Start juggling and win prizes. (The categories are below.) All juggles must be counted by a coach or the Director of Coaching. Doing it in front of a friend or family member will not count. You can attempt before training sessions, after practices or other arranged times with the coaching staff.

**Level 1:  
The Starter Level**  
50 Juggles  
CFC Training Shirt

**Level 2:  
The Collegian**  
100 Juggles  
CFC Beanie

**Level 3: The Pro**  
150 Juggles  
CFC Sweat Pants

**Level 4: The  
National Teamer**  
200 Juggles  
CFC Hoodie

**Level 5:  
The Golden Boot**  
300 Juggles  
CFC Adidas Napsack

## MARK YOUR CALENDARS:

### Registration for 2011-2012

**July 14 - 15:** 6-7 p.m. More information about this and what will occur will be emailed to accepted players on July 1.

### EIU High School Camps!

**July 7-9:** EIU Boys Junior High Camp

**July 10-14:** EIU Boys High School Residency Camp (\*Only 50 spots remain)

**July 7-10:** EIU Women's Residency Camp

*\*Registration for these camps is filling up fast and can occur online at [www.eiupanthers.com](http://www.eiupanthers.com)*

## CSL BOARD OF DIRECTORS

Josh Garrett, M.D., president  
Vicki Martinez, secretary  
Amy Burgess, treasurer

Lori Bumpus  
Jim Davis  
Jay Fisher  
Daphne Griffin  
Adam Howarth  
Bill Moore

John Pommier  
Jim Thorne  
Mark Hansen,  
Director of Coaching